

WEEK I MENU

WEEKS: 21/04, 12/05, 09/06. 30/06, 21/07, 01,09, 22/09, 13/10



HOT	MARKET
. SA	NDWICH • 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Crispy Chicken Bites served with Sliced Sauté Potatoes, Peas & Sweetcorn	Cheese & Ham French Bread Pizza served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks	Homemade Beef Lasagne served with Wholemeal Garlic & Herb Bread, Mixed Vegetables or Salad	Roast Pork served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy	Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup
MEAT FREE	Crispy Quorn Bites served with Sliced Sauté Potatoes, Peas & Sweetcorn	Cheese & Tomato French Bread Pizza served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks	Roasted Vegetable & Lentil Lasagne served with Wholemeal Garlic & Herb Bread, Mixed Vegetables or Salad	Vegetable Bake served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy	Fishless Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
LUNCHTIME	Cheese Sandwich Cheese Straws Duo of Salad Sticks	Ham Sandwich Tortilla Chips Duo of Salad Sticks	Tuna Mayo Sandwich Cream Crackers Duo of Salad Sticks	Cheese Sandwich Tortilla Chips Duo of Salad Sticks	Ham Sandwich Cheese Straws Duo of Salad Sticks
DESSERTS	Choose One of Our Fabulous Desserts Chocolate Crispy Cake Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Oat Raisin Cookie Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Sprinkle Sponge Cake Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Chocolate Brownie Fruity Jelly Fresh Fruit Pot

Making lunchtime the highlight of your day



WEEK 2 MENU

HOT MARKET

WEEKS: 28/04, 19/05, 16/06, 07/07, 08/09, 29/09, 20/10



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Traditional Macaroni Cheese served with Wholemeal Garlic & Herb Bread and Seasonal Vegetables	Pork Sausage in a Bun served with Crispy Potatoes & Vegetable Sticks	Meat Feast Pizza served with Baked Potato Wedges, Peas & Sweetcorn	Roast Gammon served with Potatoes, Yorkshire Pudding, Carrots, Broccoli and Gravy	Breaded Fish Fingers Served with Chips, Garden Peas or Baked Beans & Ketchup
MEAT FREE	Mediterranean Vegetable Pasta Bake served with Wholemeal Garlic & Herb Bread and Seasonal Vegetables	Quorn Sausage in a Crispy Baguette Served With Crispy Potatoes & Vegetable Sticks	Margherita Wholemeal Pizza served with Baked Potato Wedges, Peas & Sweetcorn	Quorn Fillet served with Potatoes, Yorkshire Pudding, Carrots, Broccoli and Gravy	Veggie Fingers served with Chips, Garden Peas or Baked Beans & Ketchup
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
LUNCHTIME LUNCHBOX	Cheese Sandwich Cheese Straws Duo of Salad Sticks	Ham Sandwich Tortilla Chips Duo of Salad Sticks	Tuna Mayo Sandwich Cream Crackers Duo of Salad Sticks	Cheese Sandwich Cheese Straws Duo of Salad Sticks	Ham Sandwich Tortilla Chips Duo of Salad Sticks
DESSERTS	Choose One of Our Fabulous Desserts Chocolate Sponge Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Mixed Berry Muffin Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Flapjack Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis	Choose One of Our Fabulous Desserts Jaffa Style Sponge Fruity Jelly Fresh Fruit Pot



WEEK 3 MENU

WEEKS: 05/05, 02/06, 23/06, 14/07, 15/09, 06/10



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Baked Sausage Roll served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad	BBQ Pulled Chicken served with Savory Wholegrain Vegetable Rice & Salad	Beef Bolognese Pasta served with Garlic & Herb Bread and Mixed Vegetables	Roast Chicken served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy	Breaded Fish Fillet served with Chips, Garden Peas or Baked Beans & Ketchup
MEAT FREE	Vegan Sausage Roll served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad	Veggie Mince Chilli Wrap served with Savory Wholegrain Vegetable Rice & Salad	Vegetable & Lentil Bolognaise served with Spaghetti, Garlic & Herb Bread, Seasonal Vegetables	Quorn Fillet served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy	Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
LUNCHTIME LUNCHBOX	Cheese Sandwich Cheese Straws Duo of Salad Sticks	Ham Sandwich Tortilla Chips Duo of Salad Sticks	Tuna Mayo Sandwich Cream Crackers Duo of Salad Sticks	Cheese Sandwich Cheese Straws Duo of Salad Sticks	Ham Sandwich Tortilla Chips Duo of Salad Sticks
DESSERTS	Choose One of Our Fabulous Desserts Sprinkle Cookie & Orange Wedge Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Sticky Toffee Apple Cake Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Cornflake Tart Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Lemon Drizzle Cake Fruity Jelly Fresh Fruit Pot

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